The UFO doctors

NIGEL WATSON finds help is avalable for those suffering from UFO trauma or ontological shock...

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UAPMED

This is a relatively new organisation that provides information on how healthcare professionals can support anyone traumatised by the UFO phenomenon. To this end they plan to a run a series of online courses that are intended to end the stigma attached to individuals who report a UAP experience; prepare first responders for UAP events and individuals exposed to UAPs; advise medical professionals on physical effects from UAP exposure; provide guidelines for mental health professionals on UAP exposure.

Writing on their UAPMed website, Sarah Harmon in her article "From Sensationalism to Support" notes: "The portrayal of UAP encounters often borders on the fantastical, which can marginalise individuals who report such experiences...This sensationalism can deter people from seeking mental health support, fearing disbelief or ridicule..."

Elsewhere the website states: "Whether it's a sighting, a close interaction, or watching news and social media, UAP exposure is an event that stays with you." And: "It can happen to anyone." UAPMed even publishes a "UAP Exposure Bill of Rights" that aims to be a "foundation for respectful and supportive treatment of individuals exposed to UAP, safeguarding their health, well-being, and dignity."

Although the website contents look relatively unbiased, there does seem to be an implication that UAPs are real and it includes a link to the imposing sounding "Anomalous Acute And Subacute Field Effects on Human and Biological Tissues" report, which asserts these physiological outcomes of a close encounter are due to exposure to "unconventional and advanced energy systems". As I noted in a previous column (FT420:30), the report was based on stories from newspapers and UFO magazines, not from respected scientific sources.

UAPMed warns that you should "Always consult a qualified healthcare provider for medical concerns." I would also warn people not to believe everything that UAP proponents say; nonetheless, it is a worthy aim to support traumatised people whatever its underlying cause.

www.uapmed.org

UNHIDDEN UNCOVERED

The UK equivalent of UAPMed is unHidden founded by John Priestland. He categorically believes in the reality of UAPs and that by not accepting this fact the UK Government hinders the Civil Service from accessing flight safety risks and offering mental health support to people who have had an anomalous experience.

In April 2024 they produced a White Paper entitled “The Impact of Exceptional Experiences and disclosure on mental health and wellbeing”, which is a detailed overview of the UAP subject and its psychological impact, with the recommendation that “the NHS and professional bodies should develop guidance for health and social care professionals, to make it easier for them to consult patients presenting with Exceptional Experiences in a non-judgmental and evidencebased manner”.

The website also contains their “Protocol for supporting experiencers and people affected by ontological shock”.

The site’s glossary of UFO terms helpfully tells us that ontological shock is “the anxiety that people feel as and when they realise that there are other non-human intelligences out there (and humankind is not top of the food chain).” The term could also apply to people who realise there are no non-human UAPs cavorting about in our skies. www.unhidden.org/

MALMGREN MYTHS

In the last column (FT459:28) we took a jaundiced look at the UFO stories of Harald Malmgren, and that viewpoint is reinforced by Douglas Dean Johnson’s deep dive into the veracity of his claims.

Even by ufological standards what Johnson reveals is quite shocking. In a detailed analysis of Malmgren’s statement that he saw a video of a UFO being shot down by a Thor missile, on a mission called ‘Bluegill Triple Prime’, it is likely Malmgren inserted himself into a scenario suggested by Australian researcher Geoffrey Cruickshank.

Johnson is not impressed by Cruickshank’s paper “Supporting Evidence for Bluegill Triple Prime UAP Shootdown Theory,” noting it is riddled with expressions like “it seems entirely possible”, “it is hypothesised”, “it is posited here”, and “the most likely place”, mixed with dollops of speculation.

Johnson includes three video clips of the falling orb (UFO) on his website, where he indicates that it was probably the 65ft (20m) tall Thor booster rocket blasted by the nuclear device it had just launched into the atmosphere.

Ten of Malmgren’s major claims are equally and extensively demolished by Johnson. These include his boast that he was second only to Roger Bannister to run a

Harald Malmgren’s “more exciting version of his life-stories: included a number of UFO-related incidents.

mile in less than four minutes; that he was recruited into Secretary of Defense Robert McNamara’s group of “whiz kids”; that he held a “Q” clearance from the Atomic Energy Commission; that his ideas were a major factor in the development of missile defence thinking; and that he was a senior advisor to four presidents. None of those statements are true, and as Johnson puts it: “Some years ago he [Malmgren] began to make up an alternative, much more exciting version of his life-stories in which he played a vastly more important role in world affairs than the mundane, respectable reality. Over time and with encouragement, those stories multiplied, and they grew ever more self-glorifying.” Although Malmgren was described as being egotistical and abrasive, he did have substantial accomplishments in the field of international economics and trade policy. As Johnson observes: “Many men in their later years would have looked back on those genuine accomplishments with satisfaction.” douglasjohnson.ghost.io

UFOLOGICAL PHASES

Richard Geldreich, Jr (lover of mysteries) used AI software to obtain this six-part analysis of UFO activity. Firstly: “Phase 0 (1800s): Mythic, low-impact contact; little to no human containment; Phase 1 (pre ‘47): Technological probing; early military awareness; Phase 2 (1947-1980s): Mass sightings, landings, physical and trace evidence (dropped isotopes, landing impressions, “Angel Hair”, Soviet “fragments”); Programme formalises; Phase 3 (1990s-2020s): Digitalera adaptation; containment strains under leaks.” In the future we will get “Phase 4: Containment collapses; phenomenon escalates signalling. Phase 5: Mass contact; humanity faces ontological reset.”

Chris Aubeck and others on the Magonia Exchange group roundly regarded this as a naive and simplistic analysis, with Jacques Vallee noting: “AI should not be asked to make a judgment about data that is dispersed, badly researched, incomplete and 95% irrelevant to the subject.” medium. com/@richgel99/phenomenon-contactphases-75bd7ea0ce81; groups.io/g/MagoniaExchange